

# MIDWEST PODIATRY CONFERENCE

THE PREMIER MEETING FOR FOOT & ANKLE PHYSICIANS, SURGEONS & ASSISTANTS

===== MARCH 9-12, 2023 =====

HYATT REGENCY CHICAGO



# 2023 PROGRAM



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details about future conferences!

# LETTER FROM THE PRESIDENT

Nearly 60 Years of existence and counting the MPC Administrative staff and Executive Council welcome you to 2023 Midwest Podiatry Conference, one of the largest premier podiatry conferences in the country. The 2022 Conference was considered a transition year, a return to normalcy from unforeseen variables. This year with renewed leadership, passion, courage, and vision we overcame those challenges and instituted fundamental changes that will satisfy all your wants and needs. If you remember where we came from, you'll know where we are going. Not to be just good, but aspire to be bigger and better, as per our 2023 MPC logo: Elevate, Educate, Innovate, and Excel.



The 2023 Midwest Podiatry Conference will showcase an ambitious podiatric medical and surgical educational program striving to appeal to a broader audience of all interests and needs, especially to young practitioners, residencies, fellowships, and students. We have compiled a Scientific Committee led by our MPC Scientific Chair, Dr Katie LaViolette's talent, and expertise. The committee will provide experienced speakers with diverse topics on proven innovative, emerging therapies and procedures in foot and ankle care to enhance and maximize your practice, patient outcomes, and profession the industry currently offers. A return of the Resident Board Review. Panel discussions! Challenging cases! Complications! All that you have asked for.

Along with Chicago's backdrop and attraction, a premier hotel in the heart of the city, a national centralized location, a mid-March 2023 date, the social interactions and networking the MPC is noted for, and a complete restructuring of the scientific educational program to compliment it, we have also implemented a more polished marketing plan to promote our strengths and provide you with a Premier Midwest Regional Program. For these reasons you have chosen us. With the changes to this years 2023 MPC, and our efforts and your participation, we can and will exceed expectations.

The Midwest Podiatry Conference isn't just for DPMs. It benefits our profession and entire practice management needs geared to Assistants, Practice/Office Managers, and guests. Don't forget the many, varied exhibitors/vendors at your disposal and the 15% premium discount for attending the scheduled in-person PICA lecture - the highest discount at any conference for PICA members. A substantial incentive that my office and yours will benefit from.

To envision the future, we have implemented a proactive strategy to be more efficient, competitive, cost effective, reduce risk for the future, increase attendance, and move the MPC forward into the future. In this regard we will be moving the 2024 Midwest Podiatry Conference to the Chicago Marriott Downtown Magnificent Mile on April 11th-14th, 2024. We will be updating you more on this exciting development.

In conclusion, I thank you for the honor and privilege of serving as your MPC President. I would personally like to thank IPMA Executive Director Kristy Radcliffe and her Administrative staff for their outstanding leadership and management skills, and the Executive Council members for their dedication and contribution. Alone we can do so little, together we can do so much. Your Midwest Podiatry Conference will continue to provide an exceptional educational conference, value, and experience you have come to expect. On behalf of the Midwest Podiatry Conference, thank you for your support and participation in this momentous event.

*Sincerely,*

**Philip J. Morreale, DPM**

*President // Midwest Podiatry Conference*

# LETTER FROM THE SCIENTIFIC CHAIR

MPC Attendees,

First and foremost, welcome you to the 2023 Midwest Podiatry Conference. As always, it is both an honor and a pleasure to learn alongside fellow foot and ankle physicians, surgeons, and assistants. There are many reasons to look forward to the 2023 MPC - new exhibitors and vendors, the opportunity to visit and network in Chicago, and refreshed programming.



What's new for the MPC in 2023? Well, the MPC implemented big changes to improve and further progress the conference's academic program, including the new addition of a Program Committee. The Program Committee is composed of members from each state who, along with myself, discuss and help coordinate lecture topics and speakers. Thanks to everyone on the committee's hard work, our outreach potential was unmatched. This group networking effort enabled us to bring together the fresh group of speakers you will hear from throughout the next few days.

The Scientific Program Committee has been dedicated to incorporating your feedback in order to provide the most effective and efficient programming. I am positive that no other conference can compete with the amount of new and innovative ideas that will be presented this weekend. We have strategically made changes to the content, layout, and discussions, resulting in a refreshed conference you are sure to enjoy.

This year's program is rich with panel discussions on topics including limb salvage, peripheral nerve treatment advances, rejuvenative medicine modalities, lateral ankle stabilization, flatfoot reconstruction, total ankle replacements, forefoot MIS, Lisfranc fixation, and challenging Charcot reconstruction cases. We will also have our annual PICA lecture series in addition to annual CE requirements for opioid abuse and harassment training.

We are very pleased to bring back coding, compliance, and documentation to this year's program as well as a Board Review course. The Board Review course will include representatives from ABPM and ABFAS coming together to discuss the upcoming board exams that residents will be taking later this month.

If you're looking for the best way to view the schedule of events and connect and engage with this year's speakers easily, be sure to download the MPC Mobile App.

In between learning, networking, and exploring the exhibit hall, please take a moment to thank your state members who volunteered their time and energy to put together the 2023 Midwest Podiatry Conference!

Here's to another great year ahead! Thank you for your continued support.

*Sincerely,*

**Kathryn LaViolette, DPM**

*Scientific Chair // Midwest Podiatry Conference*

# 2023 MPC BOARD, STAFF, & CONTRIBUTORS

## MIDWEST PODIATRY CONFERENCE CONFEDERATION MEMBERSHIP INCLUDES:

Arkansas, Illinois, Indiana, Iowa, Kansas, Michigan,  
Missouri, Nebraska, North Dakota, Oklahoma, Ontario,  
South Dakota and Wisconsin

## 2022 - 2023 EXECUTIVE COUNCIL

**President:** Philip Morreale, DPM, *Iowa*  
**Vice President:** Radmila Samardzija, DPM, *Missouri*  
**Treasurer:** Loring Stead, DPM, *Minnesota*  
**Secretary:** Marie Delewsky, DPM, *Michigan*  
**Delegate:** Kyle Pearson, DPM, *Illinois*  
**Delegate:** Wendy Winckelbach, DPM, *Indiana*  
**Delegate:** Robert Sage, DPM, *Wisconsin*

## SCIENTIFIC CHAIR

Kathryn LaViolette, DPM, *Illinois*

## PROGRAM COMMITTEE

Zeeshan S. Husain, DPM, FACP, FASPS, *Michigan*  
Narendra Patel, DPM, *Illinois*  
Paul Lantz, DPM, *Illinois*  
Tim Holcomb, DPM, *Iowa*  
Charles Cibula, DPM, *Iowa*  
Cathy Coker, DPM, *Indiana*

## ASPMA BOARD

**Executive Director:** Karen Keathley, PMAC, PRAC  
**Retiring President:** Kim Heineman, PMAC, PRAC  
**President:** Cheryl Bailey, PMAC, PRAC  
**Vice President:** Kesha Davis, PMAC, PRAC  
**Secretary:** April Foutz, PMAC, PRAC  
**Scientific Chair:** Michele Bradice, PMAC, PRAC

## ADMINISTRATION

Administration support for the Midwest Podiatry Conference is provided in accordance with its bylaws by the staff of the Illinois Podiatric Medical Association:

Executive Director: Kristy Radcliffe  
Director of Operations: Heather Howard  
Meeting Manager & Membership: Adrienne Thomas  
Student Volunteer Liaison: Karen Lake  
Exhibits Manager: Kelly Coates  
Registration Manager: Dean Kalili  
Director of Finance & Accounting: Katie Hobby, MBA

## ILLINOIS PODIATRIC MEDICAL ASSOCIATION

One Westbrook Corporate Center, Suite 300  
Westchester, IL 60154

## MIDWEST PODIATRY CONFERENCE MISSION STATEMENT

Promote the art and science of podiatric medicine and the betterment of public health through an annual program of continuing education, another professionally oriented instruction for member podiatric physicians.

Achieve a better rapport and understanding among health professions and increase public awareness of podiatric medicine through public relations activities.

### Sponsoring/Exhibiting Endorsement Disclaimer

Acceptance of sponsorship and/or exhibiting of vendors at the Midwest Podiatry Conference does not imply endorsement or approval of the company, product or service by the Midwest Podiatry Conference.

## CONFERENCE OBJECTIVES

The educational content of the Midwest Podiatry Conference is designed with the objective of presenting balance academic content for the primary care podiatric physician as well as provide education in the areas of diagnosis, management and treatment of foot and ankles pathology and related medical and surgical conditions. Providing cutting-edge educational programs in a variety of learning formats, the Conference also offers a forum for continuing education in the clinical and administrative area, ensuring professional development that enhances the quality and efficiency of office management, patient care, and advances the profession of podiatric medicine.

# CONTINUING EDUCATION INFORMATION

## Registration Rates:

	Early	Reg	Onsite
Assistant ASPMA Member	\$185	\$210	\$230
Assistant Non-Member	\$235	\$260	\$300
Exhibitor Extra Badge	\$150	\$200	\$225
Midwest Life Member	\$150	\$175	\$200
Midwest Member	\$400	\$525	\$600
International Societies	\$400	\$525	\$600
Non Midwest Member, APMA Member	\$525	\$550	\$650
Non Midwest Member, Non-APMA Member	\$995	\$1095	\$1195
Federal Service	\$400	\$525	\$600
Podiatric Medical Student	\$20	\$20	\$25
Resident/Preceptee/Fellow	\$100	\$125	\$150

## Refund Policy:

All registration cancellations must be made in writing (email) and received at the Midwest Podiatry Conference office by January 10, 2023, to receive a registration refund. A \$50 fee will be charged for registration cancellations. Absolutely no refunds will be issued after February 10, 2023. No refunds or certificates for no-shows. Allow 4-6 weeks after the conference ends for refund checks.

## CME HOURS

The doctors program has been approved for **25 hours** of Continuing Medical Education units. The Midwest Podiatry Conference is approved by the Council of Podiatric Medical Education as a provider of continuing education in podiatric medicine. The assistants program has been approved for **up to 20 hours** of Continuing Medical Education units by the American Society of Podiatric Medical Assistants. Continuing education contact hours will awarded solely for actuals days in attendance at the conference.

**Save this brochure, as some states require a copy of the program with your certificate.**

## ATTENDANCE VERIFICATION SCHEDULE

Day		Doctor CE Hours	Assistant CE Hours	Scanning Time	Location
THURSDAY	Lunch	4	3	11:30AM - 12:00PM	TBD
	Afternoon	1	4	2:30PM - 3:00PM	TBD
	PICA	2		5:00PM - 5:30PM	TBD
	<b>Total</b>	<b>7</b>	<b>7</b>		
FRIDAY	Lunch	3	3	11:30AM - 12:00PM	TBD
	Afternoon	4	4	2:30PM - 3:00PM	TBD
	<b>Total</b>	<b>7</b>	<b>6</b>		
SATURDAY	Morning	3	3	11:30AM - 12:00PM	TBD
	Afternoon	4	3	2:30PM - 3:00PM	TBD
	<b>Total</b>	<b>7</b>	<b>6</b>		
SUNDAY	Afternoon	4		12:30PM - 1:00PM	TBD
	<b>Total</b>	<b>4</b>			
<b>TOTAL CE HOURS:</b>		<b>25</b>	<b>20</b>	<i>Name badges are scanned daily at the above times and locations. Attendees are responsible for ensuring that their badge is scanned at these times.</i>	



**CHECK YOUR EMAIL!** CE Certificates will be emailed 4-6 weeks after the conference.

# 2023 FACULTY

## PHYSICIAN FACULTY

Brad Abicht, DPM  
Trissa Babrowski, MD  
Jeffrey Baker, DPM  
Maureen Beederman, MD  
Mike Brody, DPM  
Brian Burgess, DPM  
Michael Chin, DPM  
Charles Cibula, DPM  
Andrew Cohen, DPM  
Cathy Coker, DPM  
Patrick DeHeer, DPM  
Marie Delewsky, DPM  
Brian Futrell, DPM  
David Garrass, MD  
John Grady, DPM  
Katarina Grigoropoulos, DPM  
Tim Holcomb, DPM  
Stephanie Hook, DPM  
Jessica Knight, DPM  
Paul Lantz, DPM  
Katie LaViolette, DPM  
Jeffrey Lehrman, DPM  
Brian Loder, DPM  
Michael R. Lowe, Esq.  
Steve McClain, MD, FCAP  
Kelsey Millionig, DPM  
Philip Morreale, DPM  
Jason Nowak, DPM  
Doug Pacaccio, DPM  
Narendra Patel, DPM  
Vivek Patel, DPM  
Gene Pascarella, DPM  
Kyle Pearson, DPM  
Kyle Peterson, DPM  
Kevin Powers, DPM  
Ryan Rigby, DPM  
Diana Rogers, DPM  
Bob Sage, DPM  
Radmilla. Samardzija, DPM

## PHYSICIAN FACULTY, CON.

Amol Saxena, DPM  
William Scherer, DPM  
Lauren Schnack, DPM  
Noman A. Siddiqui, DPM  
Katie Swannstrom, DPM  
Ross. Taubman, DPM  
Wilbert R. Vancol, Esq.  
Wendy Winckelbach, DPM  
Ann Zmuda, MD

## ASSISTANT FACULTY

Cheryl Bailey, PMAC  
Alan Bass, DPM  
Michele Bradice, CPCO  
Tara Brown, PMAC  
Kimberly Burrer, PMAC, PRAC  
Michael Chin, DPM  
Keshia Davis, PMAC  
Patrick DeHeer, DPM  
Morgan Fenstermaker, PMAC, PRAC  
April Foutz, PMAC, PRAC  
Cory Jacoby, DPM  
Kim Heineman, PMAC  
Jesseka Kaldenberg-Leppert, DPM  
Emily Large, CIOX  
Peter Lovato, DPM  
Michael R. Lowe, Esq.  
Mark Mendezsoon, DPM  
Jay Meyer, DPM  
Michael Nirenberg, DPM  
Gene Pascarella, DPM  
Randy Rosler, DPM  
William Scherer, DPM  
Loring Stead, DPM  
Demon Thompson, Certified Pedorthist  
Wilbert R. Vancol, Esq.  
David Yeager, DPM



# 2023 FACULTY DISCLOSURES

## PHYSICIAN FACULTY

Brad Abicht, DPM

*Nothing to disclose.*

Trissa Babrowski, MD

*Nothing to disclose.*

Jeffrey Baker, DPM

*Nothing to disclose.*

Maureen Beederman, MD

*Nothing to disclose.*

Mike Brody, DPM

*CME Online - CEO*

Brian Burgess, DPM

*Arthrex - Consultant*

*Medwest - Consultant*

Michael Chin, DPM

*Nothing to disclose.*

Charles Cibula, DPM

*Nothing to disclose.*

Andrew Cohen, DPM

*Nothing to disclose.*

Cathy Coker, DPM

*Nothing to disclose.*

Patrick DeHeer, DPM

*Adjunct Clinical Faculty, Kent State University College of Podiatric Medicine*

*Adjunct Faculty, Rosalind Franklin University of Medicine and Science Scholl*

*College of Podiatric Medicine*

*Inventor, The Equinus Brace ®*

*Consultant, Nvision Biomedical Technologies, Inc.*

*Consultant, Tayco Brace*

*Residency Director, Ascension St. Vincent Indianapolis*

*Speaker, Heron Therapeutics*

*Speaker/Consultant, Nevro*

*Speaker/Consultant, Paragon 28*

*Shareholder, IQ Med*

*Shareholder, Beltway Surgery Centers*

*Shareholder/Consultant, SUTUREGARD Medical Inc.*

*Shareholder, Talar Capital Partners*

*Shareholder, Uppertline Health/Medical Director, Uppertline Health Indiana*

*Shareholder/Consultant, Wishbone Orthopedics*

## PHYSICIAN FACULTY, CON.

Marie Delewsky, DPM

*Nothing to disclose.*

Brian Futrell, DPM

*Nothing to disclose.*

David Garrass, MD

*Nothing to disclose.*

John Grady, DPM

*Nothing to disclose.*

Katarina Grigoropoulis, DPM

*Nothing to disclose.*

Tim Holcomb, DPM

*Nothing to disclose.*

Stephanie Hook, DPM

*Nothing to disclose.*

Jessica Knight, DPM

*Nothing to disclose.*

Paul Lantz, DPM

*Nothing to disclose.*

Katie LaViolette, DPM

*Nothing to disclose.*

Jeffrey Lehrman, DPM

*Lehrman Consulting, LLC - Principal*

*APMA - Advisor*

Brian Loder, DPM

*Novastep USA - Consultant, design surgeon*

*GLW - Investor*

Michael R. Lowe, Esq.

*Nothing to disclose.*

Steve McClain, MD, FCAP

*McClain Labs - Owner*

Kelsey Millonig, DPM

*Arthrex - Consultant*

*Orthofix - Consultant*

# 2023 FACULTY DISCLOSURES

## PHYSICIAN FACULTY

Philip Morreale, DPM  
Jason Nowak, DPM  
*Enovis - Consultant*  
Doug Pacaccio, DPM  
*Stryker - Speaker, consultant*  
*Merete - Consultant*  
*Restor3d - Consultant, surgeon shareholder*  
*TissueTech - Speaker*  
Narendra Patel, DPM  
Vivek Patel, DPM  
*Nothing to disclose.*  
Gene Pascarella, DPM  
*Nothing to disclose.*  
Kyle Pearson, DPM  
*Stryker - Consultant*  
Kyle Peterson, DPM  
*Stryker - Consultant*  
Kevin Powers, DPM  
*Nothing to disclose.*  
Ryan Rigby, DPM  
*Arthrex - Consultant*  
Diana Rogers, DPM  
*Board of Directors, ABFAS*  
Bob Sage, DPM  
*Nothing to disclose.*  
Radmilla Samardzija, DPM  
*Amol Saxena, DPM*  
*Curamedix/Storz - Speaker, travel, equipment*  
William Scherer, DPM  
*BakoDX - Consultant, speaker*  
Lauren Schnack, DPM  
*Nothing to disclose.*  
Noman A. Siddiqui, DPM  
*Arthrex - Consultant, royalties*  
Katie Swanstrom, DPM  
*ABFAS - Board of Directors*  
*Valley Hospital - Chief of Staff*

## PHYSICIAN FACULTY, CON.

Ross Taubman, DPM  
*PICA/ProAssurance - Full-time employee*  
*ProAssurance - Shareholder*  
Wilbert R. Vancol, Esq.  
Outside Counsel  
Wendy Winckelbach, DPM  
*Nothing to disclose.*  
Ann Zmuda, MD  
*Nothing to disclose.*

# THURSDAY, MARCH 9TH

## PHYSICIAN

## GRAND BALLROOM A-B

8:00AM - 9:00AM

### E&M Coding in 2023

Jeffrey Lehrman, DPM, FASPS, MAPWCA, CPC, CPMA

9:00AM - 10:00AM

### Why We Should Be Coding and Documenting Social Determinants of Health Intercuneiform

Jeffrey Lehrman, DPM, FASPS, MAPWCA, CPC, CPMA

10:00AM - 10:30AM

Break (Exhibit Hall)

10:30AM - 11:30AM

### Providing Services During the Postoperative Global Period

Jeffrey Lehrman, DPM, FASPS, MAPWCA, CPC, CPMA

11:30AM - 12:30PM

Lunch (Exhibit Hall)

12:30PM - 12:40PM

### President Welcome

Philip Morreale, DPM

12:40PM - 1:40PM

### Pathology of Wounds

Steve McClain, MD, FCAP

1:40PM - 2:40PM

### Why Time is of the Essence - Misdiagnoses Resulting in Malignancies

William Scherer, DPM, MS

Ross Taubman, DPM

2:40PM - 3:10PM

Break (Exhibit Hall)

3:10PM - 5:10PM

### The Claim You Don't See Coming. What Happens When Your Patient Dies? Presented by PICA

Gene Pascarella, DPM, FACFAS, MBA

Michael R. Lowe, Esq.

Wilbert R. Vancol, Esq.

5:10PM - 6:30PM

Welcome Reception (Exhibit Hall)

# FRIDAY, MARCH 10TH

## PHYSICIAN

## GRAND BALLROOM A-B

### Lower Extremity Muscle and Skin Flaps

Maureen Beederman, MD

8:00AM - 10:00AM

Limb Salvage Panel

### Peripheral Arterial Disease Work Up and Intervention

Trissa Babrowski, MD

### Wound and Surgical Decision Making and Limb Salvage

Ann Zmuda, MD, ABFAS

10:00AM - 10:30AM

Break (Exhibit Hall)

### Anatomical Nerve Variations from Knee to Toes

Lauren Schnack, DPM, MS, AACFAS, FACPM

10:30AM - 11:30AM

Nerve Panel

### Paradigm Shift in Surgical Nerve Treatment

Lauren Schnack, DPM, MS, AACFAS, FACPM

### Surgical Cases Series

Kevin Powers, DPM

11:30AM - 12:30PM

Lunch (Exhibit Hall)

12:30PM - 1:30PM

### Physician Suicide Awareness Presented by APMA Podiatric Population Health Committee

Patrick DeHeer, DPM

1:30PM - 2:30PM

### Research & Medical Prejudices (Podiatry, Prejudice and possible solutions)

Amol Saxena, DPM, FAAPSM, FACFAS, FFPM RCPS(G), MPH (cand)PM

2:30PM - 3:00PM

Break (Exhibit Hall)

3:00PM - 4:00PM

Regenerative Medicine Panel

### EMTT - Next step in shockwave technology

Amol Saxena, DPM, FAAPSM, FACFAS, FFPM RCPS(G), MPH (cand)PM

### EPAT

Michael Chin, DPM

4:00PM - 5:00PM

Lateral Ankle Stabilization Panel

### Who Needs an Ankle Stabilization & How

Amol Saxena, DPM, FAAPSM, FACFAS, FFPM RCPS(G), MPH (cand)PM

### Arthroscopic Lateral Approach to Lateral Ankle Stabilization

Jeffrey Baker, DPM

# SATURDAY, MARCH 11TH

## PHYSICIAN

## GRAND BALLROOM A-B

### Clinical Evaluation, Classification, and Algorithms for Treatment

*Patrick DeHeer, DPM*

### Arthroeresis vs. Biomechanics

*Andrew Cohen, DPM*

### Ligamentous Repair, Soft Tissue Components

*Ryan Rigby, DPM, FACFAS*

### Calcaneal Osteotomies

*Brian Loder, DPM*

### Fusion Procedures

*Jessica Knight, DPM*

**8:00AM - 10:00AM**

*Flatfoot Reconstruction Panel*

**10:00AM - 10:30AM**

*Break (Exhibit Hall)*

### Broad Scope of the Basics

*Jason Nowak, DPM, FACFAS*

**10:30AM - 11:30AM**

*TAR Panel*

### TAR Patient Selection and Perioperative Management

*Brian Burgess, DPM*

### Current Applications, Ankle Fusion Takedown

*David Garrass, MD, FAAOS*

**11:30AM - 12:30PM**

*Lunch (Exhibit Hall)*

**12:30PM - 1:30PM**

### Opioid Abuse - Narcotic Prescribed

*Mike Brody, DPM*

**1:30PM - 2:30PM**

### Sexual Harrassment

*Mike Brody, DPM*

**2:30PM - 3:00PM**

*Break (Grand Ballroom A/B Foyer)*

### Hammer Digit Correction, Exostosis Excision

*Kelsey Millonig, DPM*

### Lesser Metatarsal Osteotomies & Tailor's Bunions

*Brian Loder, DPM*

**3:00PM - 5:00PM**

*Forefoot MIS Panel*

### Hallux Abducto Valgus Correction

*Noman A. Siddiqui, DPM*

### 1st MPJ Fusions

*Brad Abicht, DPM, FACFAS*

### Forefoot MIS Complications

*Brian Burgess, DPM*

# SATURDAY, MARCH 11TH

## PHYSICIAN

## GRAND HALL L

8:00AM - 10:00AM

*ABFAS Board Certification*

**Getting Started: The Mysteries Behind CBPS (8:00AM - 9:00AM)**

**Case Review: What's It All About? (9:00AM - 10:00AM)**

*Diana Rogers, DPM, D.ABFAS,FACFAS & Katie Swanstrom, DPM, D.ABFAS,FACFAS*

10:00AM - 10:30AM

*Break (Exhibit Hall)*

10:30AM - 11:30 PM

**ABFAS Diplomates – All That You Need to Know About LEAD**

*Diana Rogers, DPM, D.ABFAS,FACFAS & Katie Swanstrom, DPM, D.ABFAS,FACFAS*

11:30AM - 12:30PM

*Lunch (Exhibit Hall)*

12:30PM - 1:30PM

**What Makes You Eligible to Certify**

*Gina Painter, DPM*

1:30PM - 2:30PM

**Continuation of Educational Review: ACPM Based Exam Strategies**

*Stephanie Hook, DPM DABPM, FACPM*

2:30PM - 3:00PM

*Break (Grand Ballroom A/B Foyer)*

3:00PM - 4:00PM

**Board Wizards**

*Vivek Patel, DPM*

# SUNDAY, MARCH 12TH

## PHYSICIAN

## GRAND BALLROOM A-B

8:00AM - 10:00AM

*Lis Franc Panel*

**Conservative and Surgical Algorithm**

*Patrick DeHeer, DPM*

**Surgical Approaches and Soft Tissue Management**

*Jeffrey Baker, DPM*

**Surgical Procedures with Tips/Pearls**

*Kyle Peterson, DPM, FACFAS*

**Complications**

*Kyle Pearson, DPM*

10:00AM - 10:30AM

**Break** (*Grand Ballroom A/B Foyer*)

10:30AM - 10:40 AM

**President Thank You**

*Radmila Samardzija, DPM*

10:40AM - 12:40PM

*Charcot Reconstruction Panel*

**Case Reviews: Minimally Invasive Midfoot Charcot Correction**

*Brian Futrell, DPM*

*Noman A. Siddiqui, DPM*

*John Grady, DPM*

*Jessica Knight, DPM*

*Doug Pacaccio, DPM, FACFAS*

# THURSDAY, MARCH 9TH

## ASSISTANT

## GRAND HALL M/N

8:00AM - 8:30AM

**Diabetic Neuropathy- What Patient's Don't Feel Can Hurt Them**  
*Michael Nirenberg, DPM*

8:30AM - 9:00AM

**Taking Podiatry to the Next Step (Triage Nursing)**  
*Kesha Davis, PMAC, PRAC*

9:00AM - 9:30AM

**How to Be More "Visible" on Google and Attract More New Patients on the Web**  
*Randy Rosler, DPM*

9:30AM - 10:00AM

**Protecting Your Practice At All Costs**  
*Michele Bradice, CPCO, PMAC, PRAC*

10:00AM - 10:30AM

Break (Foyer)

10:30AM - 11:00 AM

**Skin Cancer in Patients of Color**  
*William Scherer, DPM*

11:00AM - 11:30AM

**Common Podiatric Protocols: Surgical & Non-Surgical**  
*Peter Lovato, DPM*

11:30AM - 12:30PM

Lunch (Exhibit Hall)

12:30PM - 1:00PM

**Wagner Classification of Ulcers for the Medical Asst**  
*Jay Meyer, DPM*

1:00PM - 1:30PM

**HIPAA - 2023 Changes**  
*Michele Bradice, CPCO, PMAC, PRAC*

1:30PM - 2:00PM

**Audit Relief Services**  
*Emily Large, CIOX*

2:00PM - 2:30PM

**Communication Skills**  
*Alan Bass, DPM*

2:30PM - 3:00PM

Break (Exhibit Hall)

3:00PM - 5:00PM

**The Claim You Don't See Coming. What Happens When Your Patient Dies?**  
**Presented by PICA**  
*Gene Pascarella, DPM, FACFAS, MBA*  
*Michael R. Lowe, Esq.*  
*Wilbert R. Vancol, Esq.*

5:00PM - 6:30PM

Welcome Reception (Exhibit Hall)



# FRIDAY, MARCH 10TH

## ASSISTANT

## GRAND HALL M/N

8:00AM - 8:30AM

### Wound Care Explained

*Cory Jacoby, DPM*

8:30AM - 9:00AM

### Surgeries Explained

*Cory Jacoby, DPM*

9:00AM - 9:30AM

### Proper Reports to Run for Your Practice

*Alan Bass, DPM*

9:30AM - 10:00AM

### Compliance

*Michele Bradice, PMAC, PRAC, CPCO*

10:00AM - 10:30AM

Break (Exhibit Hall)

10:30AM - 11:00 AM

### WORKSHOP: DME & Shoe-Fitting/Crush Box Molding

*Demon Thompson, Certified Pedorthist*

11:30AM - 12:30PM

Business Meeting Lunch (Exhibit Hall)

12:30PM - 1:00PM

### Essential Podiatric Testing

*Jesseka Kalderberg-Leppert, DPM, MSA*

1:00PM - 1:30PM

### Human Trafficking - How to Identify in Clinic Patients

*Loring Stead, DPM*

1:30PM - 2:00PM

### Cultivating Happiness

*William Scherer, DPM*

2:00PM - 2:30PM

### Minimal Invasive Bunionectomies

*David Yeager, DPM*

2:30PM - 3:00PM

Break (Exhibit Hall)

3:00PM - 3:30PM

### Cartilage Replacement

*David Yeager, DPM*

3:30PM - 4:00PM

### Introduction to Biomechanics for the Podiatric Medical Assistant

*Patrick DeHeer, DPM*

4:00PM - 4:30PM

### Live Well, Run Better

*Michael Chin, DPM*

4:30PM - 5:00PM

### Coding Pearls

*Kim Heineman, PMAC, PRAC*

# SATURDAY, MARCH 11TH

## ASSISTANT

## GRAND HALL M/N

8:00AM - 8:30AM

**Being a Leader Without The Title**

*Tara Brown, PMAC, PRAC*

8:30AM - 9:00AM

**Expanding Role of PCR**

*William Scherer, DPM*

9:00AM - 9:30AM

**High Risk Foot Care: To Be or Not to Be Qualified?**

*Jesseka Kaldenberg-Leppert, DPM, MSA*

9:30AM - 10:00AM

**Keeping Animosity Out of the Office**

*Cheryl Bailey, PMAC, PRAC*

10:00AM - 10:30AM

**Break (Exhibit Hall)**

10:30AM - 11:30 AM

**WORKSHOP - ARTHREX HARDWARE**

*Cory Jacoby, DPM*

11:30AM - 12:30PM

**Lunch (Exhibit Hall)**

12:30PM - 1:00PM

**Skill Gap Analysis for the Practice**

*Tara Brown, PMAC, PRAC*

1:00PM - 1:30PM

**How to Protect & Enhance Your Online Reputation**

*Randy Rosler, DPM*

1:30PM - 2:00PM

**Management of Athletic Trauma**

*Mark Mendeszoon, DPM*

2:00PM - 2:30PM

**The Role of Pedorthics in the Podiatry Practice**

*Demon Thompson, C-Ped.*

2:30PM - 3:00PM

**Break (Grand Ballroom A/B Foyer)**

3:00PM - 5:00PM

**Coffee Talk - Roundtable with Audience Participation**

*ASPMA Board & Audience*

# EDUCATION OBJECTIVES

## PHYSICIANS

### **T1: E&M Coding in 2023**

1. List the four levels of medical decision making when choosing an office evaluation and management level
2. Differentiate between the medical decision making method and total time method of choosing a nursing facility evaluation and management level
3. List 3 examples of tasks that may contribute to the total time spent providing an evaluation and management

### **T2: Why We Should Be Coding and Documenting Social Determinants of Health Intercuneiform**

1. List the steps necessary to perform an arthrodesis procedure
2. Differentiate between a single tarsometatarsal joint arthrodesis and a multiple tarsometatarsal joint arthrodesis
3. Cite the reference for CPT® codes

### **T3: Providing Services During the Postoperative Global Period**

1. Define a “staged” procedure
2. Differentiate between the 78 and 79 Modifier
3. Detail one example of an evaluation and management unrelated to a procedure which carries a post surgical global period

### **T5: Pathology of Wounds**

1. Discuss the goal of early diagnosis and complete excision using biopsy pathology
2. Review the evolution of malignant cutaneous neoplasms.
3. Discuss the dermatoscopic criteria for melanoma and nevi and when to biopsy

### **T6: Why Time is of the Essence - Misdiagnoses Resulting in Malignancies**

1. Providing EBM knowledge about common podiatric skin, nail, bone malignancies
2. Improving physician diagnostic skills with identifying lower extremity malignancies
3. Understanding legal and medical factors resulting from failure to diagnose malignancies
4. Improving patient outcomes with early diagnosis and treatment of malignancies

### **T7: The Claim You Don't See Coming. What Happens When Your Patient Dies? Presented by PICA**

1. In this presentation you will hear about a real life claim from the viewpoint of the doctor and how the attorneys (both plaintiff and defendant) might have prepared for the case.
2. Throughout the presentation you will see and hear what goes into preparing for a trial.
3. In addition, you will receive risk management pearls on things that you can do now to decrease your risk.

### **F1: Limb Salvage**

#### **1. Lower Extremity Muscle and Skin Flaps, When to Use**

- a. To understand the options available for lower extremity wound coverage.
- b. To understand the decision-making process behind choosing different coverage options.
- c. To understand the preoperative and postoperative management for patients with muscle/skin flap coverage for lower extremity wounds

#### **2. Peripheral Arterial Disease Work Up and Intervention**

- a. Understand the presentation of patients with PAD.
- b. Understand how best to diagnose PAD.
- c. Gain familiarity with the different treatment options for PAD

#### **3. Wound and Surgical Decision Making and Limb Salvage**

- a. Understand surgical decision making for limb salvage.
- b. Gain understanding of advanced wound care technology.
- c. Understand treatment options for various types of wounds.

# EDUCATION OBJECTIVES

## PHYSICIANS

### **F2: Nerve Panel**

#### **1. Paradigm Shift in Surgical Nerve Treatment**

- a. Review of Nerve injury types.
- b. Proper recognition of nerve injury.
- c. Review of nerve treatment algorithm.

#### **2. Anatomical Nerve Variations from Knee to Toes, Paradigm Shift in Surgical Nerve Treatment**

- a. Identify Iatrogenic Nerve Injuries
- b. Diagnose which Nerves are injured
- c. Treat Nerve Injuries

#### **3. Surgical Cases Series**

- a. At the conclusion of the lecture, the participants will be aware of the various peripheral nerve variations from the knee to toes.
- b. The participants will have the information to be able to identify peripheral nerve injuries in relation to possible peripheral nerve variations.
- c. The participants will be familiar with current peripheral nerve injury treatment options.

### **F3: Physician Suicide Awareness**

1. The attendee should understand the concepts of physician well-being and how they relate to the prevention of physician suicide.
2. The attendee should understand the warning signs for a physician at risk.
3. The attendee will become familiar with resources to help a physician at risk.

### **F4: Research & Medical Prejudices (Podiatry, Prejudice and Possible Solutions)**

1. Learn the terms implicit bias, unconscious bias and unconscious submission.
2. Understand how bias effects our outcomes and abilities.
3. Be exposed to possible solutions for the profession

### **F5: Regenerative Medicine Panel**

#### **1. EPAT**

- a. Understand what EMTT is.
- b. Learn the role of different shockwave technologies.
- c. Be exposed to the latest research in EMTT

#### **2. EMTT. Next Step in Shockwave Technology**

- a. Learn the terms implicit bias, unconscious bias and unconscious submission.
- b. Understand how bias effects our outcomes and abilities.
- c. Be exposed to possible solutions for the profession

### **F6: Lateral Ankle Stabilization**

#### **1. Who Needs an Ankle Stabilization & How**

- a. Learn the terms implicit bias, unconscious bias and unconscious submission.
- b. Understand how bias effects our outcomes and abilities.
- c. Be exposed to possible solutions for the profession

#### **2. Arthroscopic Lateral Approach to Lateral Ankle Stabilization**

- a. 1. At the conclusion of the lecture, attendees will have increased knowledge in respect to the indications for arthroscopic lateral ankle stabilization.
- b. At the conclusion of the lecture, attendees will have increased knowledge in respect to the procedural steps for arthroscopic lateral ankle stabilization.
- c. At the conclusion of the lecture, attendees will have increased knowledge in respect to the post-operative protocol for arthroscopic lateral ankle stabilization

# EDUCATION OBJECTIVES

## PHYSICIANS

### **S1: Flatfoot Reconstruction Panel**

#### **1. Ligamentous Repair, Soft Tissue Components**

- a. Understand the role of soft tissues in repairing flatfoot
- b. Learn techniques for FDL Tendon Transfer
- c. Learn augmentation techniques for Spring Ligament Repair

#### **2. Clinical Evaluation, Classification, and Algorithms for Treatment**

- a. The attendee should understand the classification of Progressive Collapsing Foot Deformity with case presentations to demonstrate the system.
- b. The attendee should understand algorithms for treating Progressive Collapsing Foot Deformity.
- c. The attendee will become familiar with the consensus group recommendations for treating and evaluating Progressive Collapsing Foot Deformity.

#### **3. Calcaneal Osteotomies**

- a. Compare the open vs the MIS approach for Lesser Metatarsal Osteotomies
- b. Demonstrate the surgical options available for Lesser Metatarsal Osteotomies with MIS
- c. Discuss the post-surgical management for MIS Lesser Metatarsal Osteotomies

#### **4. Arthroeresis vs. Biomechanics**

- a. Attendee to recognize signs & symptoms of Pediatric Developmental Flat Foot
- b. Attendee to gain understanding of staging in Pediatric Developmental Flat Foot
- c. Attendee to understand the indications and usage of Subtalar Arthroeresis in the treatment of Pediatric Flat Foot Deformity

#### **5. Fusion Procedures**

- a. The ability to radiographically identify the multi-planar deformities in flatfoot
- b. The ability to choose appropriate surgical procedures to address each deformity
- c. The ability to identify appropriate patients for arthrodesis procedures

### **S2: TAR Panel**

#### **1. Broad Scope of the Basics**

- a. Varus Tar Treatments, Valgus
- b. TAR Treatment
- c. When to Stage TAR

#### **2. TAR Patient Selection and Perioperative Management**

- a. Identify which patients are good candidates for TAR
- b. Identify relative conditions for TAR
- c. Outline perioperative ways to improve outcomes for TAR

#### **3. Current Applications, Ankle Fusion Takedown**

- a. Selecting appropriate TAR candidates.
- b. Performing TAR and adjunct procedures vs Staging.
- c. Complications of TAR

### **S3: Opioid Abuse - Narcotic Prescribed**

- 1. Know the signs that a patient is at risk of Opioid Abuse/ Dependence
- 2. Know the laws associated with prescribing Opioids
- 3. Be aware of the metabolic process in Opioid Metabolism

### **S4: Sexual Harassment**

- 1. Understand what is considered Harassment
- 2. Understand that anybody can be a victim of Sexual Harassment
- 3. Understand the steps to take to prevent Sexual Harassment in your practice

### **S5: Forefoot MIS Panel**

#### **1. Hallux Abducto Valgus Correction**

- a. Identify indications for MIS HV surgery
- b. Understand technical aspects of MIS surgery for HV
- c. Learn outcomes of MIS HV surgery vs. Open

#### **2. 1st MPJ Fusions**

- a. Learn indication and contraindications for the Percutaneous 1st MTPJ Arthrodesis Procedure
- b. Learn the surgical technique for the Percutaneous 1st MTPJ Arthrodesis Procedure
- c. Learn surgical pearls related to the Percutaneous 1st MTPJ Arthrodesis Procedure

#### **3. Lesser Metatarsal Osteotomies & Tailor's Bunions**

- a. Compare the open vs the MIS approach for Lesser Metatarsal Osteotomies
- b. Demonstrate the surgical options available for Lesser Metatarsal Osteotomies with MIS
- c. Discuss the post-surgical management for MIS Lesser Metatarsal Osteotomies

#### **4. Hammer Digit Correction, Exostosis Excision**

- a. Surgical approach to MIS Hammertoe Correction
- b. Surgical approach for MIS Exostectomy
- c. Indications for MIS approach vs open approach

#### **5. Forefoot MIS Complications**

- a. Identify common MIS Complications
- b. Outline ways to decrease complications
- c. Give recommendations for managing complications

### **S21: ABFAS Board Certification – Getting Started – the Mysteries Behind CBPS**

1. Understand the process of Board Qualifications and Certification
2. Learn how to apply case management principles to a computer based patient simulation
3. Learn how to navigate CBPS

### **S22: ABFAS Board Certification – Case Review – What's It All About?**

1. Understand good documentation for patient health and safety
2. Understand the best approaches for pre and post operative images
3. Understand the best way to address complications and patient outcomes

### **S23: ABFAS Diplomates – All That You Need to Know About LEAD**

1. Understand how to use formative assessments to increase your podiatric surgical knowledge & skills
2. Understand the concepts behind ABFAS change to continuous certification program.
3. Learn how the LEAD program uses measurement decision theory to track that diplomates are keeping their knowledge of foot and ankle surgery up to date

### **S24: ABPM Resident Board Review**

1. Define board eligibility and ABPM certification process
2. Review how to prepare and present for ABPM board review

### **SS1: Lis Franc Panel**

#### **1. Conservative and Surgical Algorithm**

- a. The attendee should understand conservative algorithms for treating Lis Franc fracture-dislocations.
- b. The attendee should understand surgical algorithms for treating Lis Franc fracture-dislocations.
- c. The attendee should become familiar with the research in decision-making for the treatment of Lis Franc fracture-dislocations.

#### **2. Surgical Approaches and Soft Tissue Management**

- a. At the conclusion of the lecture, attendees will have increased knowledge in respect to the risks involved with Lis Franc injuries.
- b. At the conclusion of the lecture, attendees will have increased knowledge in respect to the surgical approaches for Lis Franc injuries.
- c. At the conclusion of the lecture, attendees will have increased knowledge in respect to the soft tissue management for Lis Franc injuries.

#### **3. Surgical Procedures with Tips/Pearls**

- a. Describe Lis Franc injury patterns and characteristics
- b. Describe Lis Franc ORIF Surgical Techniques
- c. Describe Lis Franc Arthrodesis Techniques

#### **4. Complications**

- a. Different fixation options for surgical treatment of Lis Franc injury
- b. When to operate
- c. Sequela of missed Lis Franc Instability /Pathology

### **SS3: Charcot Reconstruction Case Review**

#### **1. Part 1**

- a. To mitigate complications with pre operative planning
- b. To manage intra operative complication
- c. To anticipate post operative complications

#### **2. Part 2**

- a. Identify indications for MIS Charcot Surgery
- b. Understand technical aspects of MIS surgery for CF
- c. Learn outcomes of MIS CF surgery vs. Open

#### **3. Part 3**

- a. The right candidate for Charcot reconstruction
- b. The roles of various Fixation Techniques
- c. Ways of optimizing results

#### **4. Part 4**

- a. The ability to choose and medically optimize patients for surgical intervention
- b. The ability to identify the appropriate use of internal vs external fixation
- c. The ability to create a stable construct surgically for Limb Salvage

#### **5. Part 5**

- a. Learn when it is appropriate to operate on Charcot
- b. Learn minimally invasive Techniques and approach to Midfoot Charcot
- c. Learn protocols for staging correction and reduction factors for reducing past recon complications

# MIDWEST PODIATRY CONFERENCE

THE PREMIER MEETING FOR FOOT & ANKLE PHYSICIANS, SURGEONS & ASSISTANTS



**THANK YOU FOR JOINING US**